

11TH ANNUAL  
**WOMEN  
HELPING  
WOMEN**

**APRIL 10<sup>th</sup> 2021 9:30 AM-2:30 PM**

Come when you can and children are welcome

**REGISTER**

Sign up here

**CONTACT**

Emily Chiles [echiles@nvcc.edu](mailto:echiles@nvcc.edu)

**VIRTUAL EVENTS SCHEDULE**

9:30-10:00 AM

**Sign in**

Dance Party, and Meet and Greet

10:00 AM

**Introduction**

Dr. Annette Haggray

10:00-10:10 AM

**Welcome**

Dr. Jill Biden

10:10-10:20 AM

**My Journey**

Dr. Anne Kress

10:30-11:15 AM

**“Where I’m From”  
Workshop**

Emily Chiles and Rachel Martin

11:30 AM-1:00 PM

**#IamRemarkable**

LaTanya Ford and moderators

1:10-1:40 PM

**Breakout Sessions**

1. Take a Break

Lunch and Hang Out Room

2. Kickboxing

Sarah Liberatore

3. Gentle Movement  
and Meditation

Francesca Cervero

1:50-2:30 PM

**In Their Own Words:  
Former Mentees  
Panel Discussion**

Dr. Carolyn Lorente hosts:  
Alpha Berhane, Samia Hajjaoui,  
and Kendall Barrett

*i am hopeful i am bold i am remarkable i am strong i am smart*

